

FAIRFAX FORUM

Village of Fairfax
5903 Hawthorne Street
Fairfax, OH 45227

Submissions
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**Mariemont Scouts Christmas Tree Sales
Return for 28th Year**

The Scouts of Mariemont Troop 149 will return for their 27th consecutive year of Christmas tree sales on Black Friday, November 27. Located on the lawn of the Mariemont Municipal Building at 6907 Wooster Pike, the Scouts' Christmas tree lot is an annual tradition for many in the area. We offer extended Black Friday hours: noon to 8 pm, so you can kick the season off right!

With twinkly lights overhead and holiday music playing throughout, shopping for your tree is fun and easy. Plus, the Scouts carefully place every tree on a stand, making it easy to inspect from all angles so you can make sure you're getting the perfect tree.

The tree sales are Troop 149's only fundraiser. As such, every Scout will volunteer for a minimum of 24 hours at the tree lot – rain or shine – in addition to his or her other extracurriculars, sports and academics. Every tree includes a fresh cut, branches trimmed following your instruction and mounting on your car for no additional charge. We'll even happily take a photo of your family with your new tree. Credit cards, cash and check are accepted, making payment quick and easy.

The lot is open daily November 27 to mid-December (or until we run out of trees, so don't put off coming to see us!) Learn more about the tree sales, including hours and events, at Troop 149's Facebook page: [Facebook.com/ScoutChristmasTree](https://www.facebook.com/ScoutChristmasTree) or on our website mcc149.com/tree-sales.

**Girl Scout
Wreath Sale**

Senior Girl Scout Troop 40829 is honored to take over the wreath sale tradition from last year's graduating group of Girl Scouts.

Our troop will be selling fresh wreaths, hand decorated by the girls. You can purchase the wreaths at the Boy Scouts Tree Lot starting Friday, November 27th. Sizes range from 14" to 24" with a wide variety of decorations.

Prices start at \$20, and all sales benefit the local Girl Scouts (Mariemont High School's only troop!). It's a wonderful tradition to pick up your tree and wreath in the village while also supporting these great Troops!

Fairfax Forum

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**Village of Fairfax
www.fairfaxoh.org**

Due to COVID-19, council meetings may be hosted over Zoom/ICRC TV.

Please check the village website calendar for council meeting information.

Visit fairfaxoh.com for more information.

*R.G. Cribbet Recreation Hall rental, Community Room rental, Ziegler Park Picnic Shelter reservations, Ziegler Park soccer field use permits.
Call Chandra Buswell, Rec. Dept. Supervisor : 568-4820 or email at chandrabuswell@yahoo.com

We hope you enjoy this issue of the Fairfax Forum which is published by the Village of Fairfax monthly for the residents and businesses in our village.

Please contact Chandra Buswell for submissions. While this newsletter welcomes submissions for evaluation, it is not an open forum. Submissions will be evaluated for consistency with the informational purpose of the newsletter. The editorial staff may reject any submission or edit submissions for both content and space. Photos will not be returned.

Chandra Buswell 568-4820

Jenny Kaminer 527-6508

fairfaxforum@yahoo.com

Next deadline - 11/20/2020

2020 ELECTION INFORMATION

The Village of Fairfax will have in-person election at the Fairfax Recreation Center precinct on Hawthorne Ave for all Fairfax registered voters. Anyone who has any questions about voting should contact the Hamilton County Board of Elections at <https://votehamiltoncountyohio.gov> or 513-632-7000 M-F 8AM – 4PM.

Voting will be on Tuesday, November 3, 2020 from 6:30 AM – 7:30 PM. **Please be sure to wear a mask.** All voters must bring an acceptable form of ID. Examples of acceptable photo documents: An Ohio issued driver's license, State of Ohio or Federal government ID. Or, you can bring an Acceptable ID document: utility bill, bank statement, payroll check – any of these documents must show your name and current address and be dated within 12 months.

A voter presenting an ID that shows the voter's former address is permitted to cast a regular ballot so long as the voter's current address has been updated with the Board of Elections and appears in the official poll list for that precinct.

Voters who do not provide any ONE of these documents at the precinct will still be able to vote using a provisional ballot and providing the last 4 digits of their social security number or appearing at the Board of Elections office within 7 days of Election Day to provide ID.

FROM THE MAINTENANCE DEPARTMENT

527-6508

Leaf pick up from residences is now underway. For any new residents in the Village, you can rake your leaves onto your planter's strip, in front of the curb of your home. The Maintenance Department will be out daily picking up leaf piles.

Please remember that your street may not get picked up each day. Depending on the amount of leaves put out on each street, Maintenance will get as much as they can in a day and then pick up where they left off the next day until they get to every street.

Do not put brush or other materials in the leaf piles because they may damage the equipment. Also, please try to avoid parking in front of any piles of leaves.

Pick up will occur until approximately December 1st. If you still have leaves in the month of December, residents can bag any remaining leaves and put them out for trash pick-up on Tuesday.

After the holiday season, residents who have live Christmas trees may put them on the curb Monday-Friday until the end of the second week of January. The Maintenance Department will pick up the tree and put it through the chipper to use as mulch in various areas of the Village.

VILLAGE CONTACTS

www.fairfaxoh.org

Mayor's Office	527-6504
cshelton@fairfaxoh.org	
Police Dept.	271-7250
jbranson@fairfaxoh.org	
Administrator's Office	527-6503
jkaminer@fairfaxoh.org	
Fiscal Officer Office	527-6505
rdoppes@fairfaxoh.org	
Tax Department	527-6506
ajostworth@fairfaxoh.org	
Zoning Department	702-9324
tperkins@fairfaxoh.org	
Property Maintenance	314-5094
Maintenance Dept.	527-6508
jhuskey@fairfaxoh.org	
Recreation Dept.	568-4820
chandrabuswell@yahoo.com	



Join this fun group each month as they discuss the books listed below.

Meetings are normally held in the R.G. Cribbet Rec Center, 5901 Hawthorne Ave, at 7:30pm. Mask required.

Due to Covid, some months are hosted by Zoom. Please watch the Village Facebook Page for details.

Books are reserved at the Mariemont library at least a month before each discussion date.

November 17th: Know My Name by Chanel Miller

December 15th: The Water Dancer by Ta-Nehisi Coates

January 19th: Stiff: The Curious Lives of Human Cadavers by Mary Roach

REC Game Night

November 2nd

6:30pm-8pm

Fairfax Rec Center

5901 Hawthorne Ave, Fairfax, OH 45227

This is a very casual format and we'd love for you to come! Please wear your mask.

Young children are welcome, but remember that we are not responsible for them.

Feel free to bring a game to share.

Any questions, email Anita Hunt or Sarah Maier at fairfaxchess@yahoo.com.

Dungeons & Dragons

We are also putting together Virtual Dungeons and Dragon groups. If you are interested, please email for more information.

fairfaxchess@yahoo.com

COMMUNITY INFORMATION

Solicitation Permits: Anyone going door to door in the Village must register with the Police Department. If you are unsure about anyone coming to your door, please contact the police department at 271-7250.

Communicator: All residents and businesses can be added to the automated communicator system for emergency notifications and community announcements. Please contact the police department at 271-7250 to register.

Rumpke missed pick-ups 513-742-2900

Report Street Light or Traffic Light Out

Fairfax P.D. 513-272-9941

Be sure to LIKE the Village of Fairfax Facebook page for more updates and information.

LET'S LIGHT UP FAIRFAX!

The Fairfax Civic Association is hosting The Best Decorated House in Fairfax contest. Looking for residents to go above and beyond this year to give some holiday cheer during the pandemic of 2020. Whether you put up one strand of lights, a light up wreath on your front door or your whole house shines, the Civic Association wants everyone to participate. Let's make Fairfax shine this Christmas and bring a smile to all who drive thru.

The Fairfax Civic Association members will judge December 21.

The winner will receive a \$50.00 gift card

The Power of Routine

by Kim Flick MariElders Transportation Coordinator

Think about how everything is driven by *rhythm*. Not specifically musical rhythm, like a beat or tempo; but a cycle, a pattern or a *routine*. Your heart, blood and breath are part of your rhythm. Your body is governed by circadian rhythms. There are rhythms all around us in nature from tides and waves, day and night, seasons and so on. Perhaps that's why routines feel so comfortable to us. And when we don't adopt a routine, or we get out of an established routine, we feel somewhat discombobulated. The certainty of a routine can help us cope with the unpredictability of life. As we age, routines are a great tool to help manage our health, home, finances and relationships.

It's important to understand the difference between a *routine* - something you do on a regular basis like wake up, personal hygiene, dress, eat healthy - and a *schedule* - with rigid time constraints, like when you had to be out the door to catch the bus and show up for work at a prescribed time (ugh!). Taking medications can be part of your routine. But if they must be taken several times throughout the day, a schedule might be helpful. It's important to manage your medication the same times each day. In this way, you are more in control, which can be empowering.

If you are noticing that your memory is not what it used to be, routines and staying organized can help offset problems. If you're at your sharpest during a certain part of the day, that might be the time to tackle important routine things like paying bills or running errands. Keeping a list of what needs to be done and checking off the tasks can actually help improve your mental health. Get accustomed to using your *Smart or IoT device* (Internet of Things devices include smart phones, tablets, Amazon Alexa or Google Home, smart watches) to help manage your calendar, store contacts, set reminders and alarms. Members of MariElders can receive IT assistance by appointment.

Don't forget personal routines for self-care, like medical check-ups, haircuts, entertainment, walks or exercise and socializing. Personal goals and to-do projects are more manageable when you incorporate them into your routine.

Peace and predictability are so helpful, especially if you have a health condition or chronic illness. Stress, worry and anxiety can result when routines don't exist. Studies have shown that seniors are healthier and better rested when there is a good sleep routine in place. A good night's sleep goes a long way toward healing and building new cells, bolstering your immune system and improving cognition.

"Spontaneity = flexibility within a routine." – Marty Rubin

Routines can get boring you say?

You are absolutely right! So be willing to explore – which doesn't mean you have to plan a big trip or special event. Build in some options – try new foods, visit parts of town that you haven't seen in a while- take a friend along, for sure! Put on a hat, take a selfie and send it to your grandkid. Most of all, rock that smile – which should be a part of your rhythm and routine every single day.